



# ULTRAVAC

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A Vacuum suction is a mechanical treatment which when applied to the face or body can stimulate the skin, bringing blood and nutrients to the area.

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It can be used to reduce heavy hips and thighs, subcutaneous fat on back and shoulders, large buttocks, improve the appearance of cellulite and treat areas of oedema.

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Ultravac facilitates deep cleansing treatments to remove impurities such as sebum, improve lymphatic circulation and enhance skin respiration. It can plump out fine lines, loosen and remove blackheads whilst promoting activity of sebaceous glands in dry areas.

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## **i** How does Ultravac work?

Vacuum treatment lifts the tissues which causes stimulation of the underlying structures and aids desquamation (skin renewal).

An increase in circulation nourishes the skin and muscles, reduces puffiness and swelling due to poor circulation and the metabolism is stimulated. It can also assist in the breaking down of hard fat.

The vacuum pump reduces the atmospheric pressure. This decreases in pressure, and when decreased pressure is applied to the tissue, it sucks the tissue into a ventouse or vacuum cup offering a very specific treatment.

## Your Results

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Produces erythema, and aids desquamation

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Improves appearance of skin

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The metabolism is stimulated

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Vascular and lymphatic flow is increased

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An increase in circulation nourishes the skin and muscles

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Reduces puffiness and swelling caused by poor circulation

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Hastens the removal of fatty cells in conjunction with a reduction diet

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Helps prevent chilblains

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## **?** FAQs

### **Is it new?**

Vacuum massage originates from cupping therapy, a traditional Chinese medicine therapy dating back at least 2000 years. Advances in technology allows therapists to perform the massage in a more consistent and less time consuming way. ULTRAVAC vacuum therapy unit has a specially designed needle valve to give the operator full control over the strength of vacuum.

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### **Is it painful?**

Treatment shouldn't ever be painful. The client will feel a warming sensation on the skin, and under the surface of the skin. This should always feel comfortable, and even relaxing.

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### **Is it suitable for me?**

Vacuum treatment carries a few restrictions, which can be highlighted by your therapist, but it is suitable for most people, male and female. It can be used as a preventative and a corrective treatment.

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### **What results should I expect to see?**

Some clients see results immediately; some will need to wait 3 or 4 treatments to see noticeable results. Effects should include skin texture appearing smoother, contours of the face will appear lifted, and fine lines will appear reduced.

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### **How many treatments will I need?**

Individual cases differ, but as a guideline we recommend 10 to 12 treatments, taken at a rate of 2 a week to achieve best results. Maintenance treatments may follow once a month.

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